

MINDFUL LEADERSHIP

Empowering Leaders to Manage the Human Side of Change to Achieve Personal and Corporate Breakthroughs in Changing Times

BY POH TECK LIM

SRMSB IS A WHOLLY-OWNED SUBSIDIARY OF SARAWAK ECONOMIC DEVELOPMENT CORPORATION (SEDC) UNDER ITS TOURISM & LEISURE DIVISION.

THE CHALLENGE

To thrive in today's demanding workplace and business environment, a vision driven and performance oriented organization will need to nurture a partnership with a high performing workforce who is forward thinking, clearly focused, continually learning, and highly-motivated in every position, at every job working together for maximum results through value creation.

COURSE CONTENT:

A. MINDFUL CHALLENGE

- New Workplace Challenges
- R.A.A.C. Dynamics of Change
- Employee Engagement

MINDFUL LEADERSHIP

- The Leadership Challenge
- Coaching for Success
- Philosophy Directs and Shapes Performance
- Aligning workforce towards Organizational Vision, Mission & Values

MIND OF A STAR LEADER

- Power and Potential of Your Mind
- Human Personality Concept
- Transforming Philosophy to Achieve Breakthrough Results
- Shifting from Mindset to Mind Growth
- Enhancing POSitive Self-Esteem to Enhance Self-Image
- B.A.B.Y. (Building A Better You)

MINDFUL ATTITUDES

- The Magic Word – Attitude
- Behavior vs. Attitude Change
- Changing and Controlling Your Attitudes
- Self-Motivation – the Energizing Force
- Attitude Renewal and Sustaining Strategies
- L.E.A.D.E.R.S.H.I.P. Attitudes



SPECIAL DISCOUNT

As our participant, you are entitled to very special discounts...

- **Stay at Grand Margherita Hotel Standard room** with breakfast for 2 from RM200++ per room/night (run of the house).
- **Stay at Riverside Majestic Hotel Superior room** with breakfast for 2 from RM220++ per room/night (run of the house).
- **Stay at Damai Beach Resort** for 2 at only RM180.00 nett per room per night (run of the house).
- Special entrance rates to **Sarawak Cultural Village**.
- Special green fees plus use of buggy at **Damai Golf & Country Club**.

(Terms & conditions apply)

DATE :

20-21 May 2009

VENUE :

**Grand Margherita Hotel /
Riverside Majestic Hotel**

INVESTMENT :

RM 999.00 per pax

CLASS SIZE

For registration / more details please contact:

Sara Resorts Management Sdn Bhd

**9th Floor, Menara SEDC,
Jalan Tunku Abdul Rahman 93100 Kuching**

**Tel: 082-414377
Fax: 082-428824**

**Contact Person:
Brian Mathew / Jorinda Chee / Shirley Poh**

**Or log on to our website:
www.sedctourism.com**

HRDF CLAIMABLE

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CLASS SIZE : Max. 20 participants

WORKSHOP OBJECTIVES

At the end of this high-energy learning program, everyone who participates will be better able to:

1. Acquire and apply the Model as a strategic framework of thinking and a template for transforming daily challenges into winning opportunities.
2. Master the techniques of controlling and changing their leadership's Philosophy to achieve breakthroughs in all aspects of their performance.
3. Identify workplace demotivational factors with actionable ideas to address employee engagement issues:
 - Adopt a proactive self-leadership attitude towards change and value creation by aligning towards organizational vision, mission and values
 - Acquire the skills of effective self-management to heightened performance and living a well-balanced life.
4. Discover how their mind really works and how they can break out from their current mindset and shift towards mind growth to explore possibilities with passion:
 - Redirect their thoughts to develop a healthier self-image that produces a more confident and dynamic personality
 - Embrace POSitive attitudes to create a POSitive workplace environment that value workplace differences
 - Keep themselves motivated and energized with a renewed sense of purpose in their organization and personal life.

WHO SHOULD ATTEND?

Because of its unique conceptual framework and practical, personal focus, this empowering learning program will benefit all level of employees in leadership position from all business functions and industries. It will empower the learners with proven strategies and timeless principles for developing mental and emotional fitness necessary for transforming challenges into sustainable performance at personal and corporate level.

TRAINING METHODOLOGY

This practical, fun and results-oriented program is based on action learning concept. It incorporates inspiring lectures with structured lessons from the learning manual; captivating Power point slides with case studies to enhance learning; ongoing learning assessment and discussions with action planning; ample time for Q&A; magic tricks and inspirational songs to reinforce key concepts and to create a fun learning environment.

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